

# MANOR ROAD MATTERS

27<sup>th</sup> February 2026



## SCHOOL MENU ROTATION

W/C 2<sup>nd</sup> March 2026  
will be Week 3

## FOOD FOR LIFE

We are working hard as a school to gain our bronze award as part of The Food for Life Schools Award. This is a nationally recognised framework which guides settings through four areas of development to transform food culture.

Lots of useful advice and recipes are on the way and we would love to hear if you have tried any out at home.

## Herbs



Get to know your herbs and your taste buds will thank you. There are so many different types and flavours of herbs to discover. Broadly they can be split into two kinds: hardy, woody herbs that can be cooked, and the soft, more delicate varieties that are best used fresh.

### Try these

- Basil
- Bay
- Coriander
- Oregano
- Rosemary
- Sage
- Thyme
- Lemon thyme

- Chervil
- Chives
- Marjoram
- Dill
- Fennel
- Mint
- Basil mint
- Flat-leaf parsley
- Curly parsley
- Tarragon
- Borage

### ★ Did you know?

- Our ancestors used herbs in their cooking and for health remedies. Herbal seeds have been found in pre-historic dwellings dating back as far as 500,000 years.
- In the Middle Ages, people put thyme under their pillows because they thought it helped protect against nightmares.
- If you run woody herbs under hot water for a few seconds, the natural oils loosen, making them more fragrant and easier to cook with.
- Some people believe rosemary improves your memory. It is said that Greek scholars wore wreaths of it on their heads. In Hamlet, Shakespeare wrote: "There's rosemary, that's for remembrance."
- Parsley is said to be a natural breath freshener – chew on a couple of leaves and you will feel fresh and ready to chat. Some people chew mint leaves because they believe it can relieve tummy upsets.

## ATTENDANCE

Individual class attendance for this week.

ASH = 94%	YEAR 3 = 95%
ELM = 91%	YEAR 4 = 92%
OAK = 92%	YEAR 5 = 90%
YEW = 94%	YEAR 6 = 92%

## NUMBERS FOCUS

Individual class activity on **Numbots** or **Times Table Rock Stars** compared to last week.

Class		% Active last 7 days
Reception	Numbots	25% <span style="color: red;">-9% on last week</span>
Year 1	Numbots	49% <span style="color: green;">+3% on last week</span>
Year 2	TTRS	58% <span style="color: black;">0% on last week</span>
Year 3	TTRS	50% <span style="color: red;">-8% on last week</span>
Year 4	TTRS	92% <span style="color: green;">+20% on last week</span>
Year 5	TTRS	83% <span style="color: green;">+19% on last week</span>
Year 6	TTRS	70% <span style="color: red;">-6% on last week</span>

20 minutes a week- that's 4 minutes a day.  
Please can everyone try and achieve this target next week. Mrs Foulds

## ON-LINE SAFETY – TOP TIP THIS WEEK

### Online Games & Digital Interactions

**Teach About In-App Purchases:** Make sure kids understand the potential costs associated with in-game purchases.

