



Keeping Kids Safe

The Royal Society for the Prevention of Accidents



Stop falls! Tidy toys away after use. Keep stairs clutter-free.

Watch out! Young children can choke on the small parts in toys meant for older children.

Button cell batteries can be deadly. Take your child straight to hospital if you think they've swallowed one.

Little ones love to explore. Make sure furniture like TVs and chests of drawers are secured to the wall.

**Top tips for safer play times**

[www.rospea.com/keeping-kids-safe](http://www.rospea.com/keeping-kids-safe)

Lifeline on freephone 0808 801 0822



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Stay within arm's reach of your child when they're in the bath.

Keep cleaning products high up or in a cabinet with a safety lock.

A non-slip bath mat can help avoid a nasty fall.

Hot water scalds! Run the cold tap first, mix well and check the temperature with your elbow.

## Top tips for safer bath times

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Fit upstairs windows with a window restrictor to let air in, but not children out.

Young children can be strangled by looped blind cords. Secure them out of reach.

If your child is under 24 months, use a safety gate to keep them off the stairs.

Babies have died of suffocation and choking from nappy sacks. Keep them out of reach.

## Top tips for safer bed times

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By law children must use the correct child car seat until they are at least 135cm tall or 12 years old.

For information on choosing the right seat, visit [www.childcarseats.org.uk](http://www.childcarseats.org.uk).

If your vehicle was in a crash, replace child car seats and adult seat belts.

Booster seats with backs are a safer option than backless booster cushions.

Fit the seat securely, in line with instructions. It's best to buy from a shop with trained fitters.

## Top tips for safer car seats

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Hot drinks scald!  
Keep them out of reach and never hold a hot drink and a baby at the same time.

Keep an eye on babies and children when they're eating.  
Cut small foods into quarters.

Try to keep children out of the kitchen while you are cooking as it's hard to keep an eye on them.

Keep cleaning products and medications high up and locked away.

## Top tips for safer meal times

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